

### Conditions of entry

- I understand that this walk is not a race. I take part in this event at my own risk and Winston's Wish (employees and volunteers) cannot be held liable for any injury, loss or damage caused or sustained as a result of my participation.
- I confirm that I am in reasonable health and fitness and will seek medical advice if my physical ability to participate is in any doubt. I confirm that I will abide by all the rules and regulations set out by Winston's Wish for safe participation in this event. If under 18 years old I will be accompanied by a responsible adult.
- I understand that this is a fundraising event and agree to raise a minimum of £50 sponsorship for Winston's Wish. I understand that entry fees are non-refundable as they cover the cost of administering the event.
- I am aware that Winston's Wish may take photographs of me taking part in this event and permit them to use the images for promotional purposes. If signed for a child, I give permission for their image to be used.

Signed  Date

Signature of parent/guardian (required if participant is under 18 on the day of the event).

Signed  Date

If you know someone who might be willing to volunteer on the day (marshalling, serving breakfast etc) please let us know (but don't forget to ask their permission first!).

Name   
Tel   
Email

Please send your completed form to: Winston's Wish, 4th Floor, St James' House, Cheltenham, Glos, GL50 3PR.

We may wish to contact you in future with news of our work and current campaigns. If you would rather not receive any further information please tick here.

### Important information

You must register for the event in advance by completing this form or online. You cannot register on the day. Places for both events are limited and allocated in the order we receive full registration details. Closing date for entries is 16th September 2011.

You will receive emailed confirmation from Winston's Wish of your place, along with full details of the event. If you receive a place and cannot take part, your place is not transferrable.

For any questions, further information or more copies of this leaflet please contact the Winston's Wish fundraising team on:

Tel: 01242 515157  
Email: [sunrisewalk@winstonswish.org.uk](mailto:sunrisewalk@winstonswish.org.uk)  
Or visit [www.sunrisewalk.co.uk](http://www.sunrisewalk.co.uk)



# Wake up and Walk!

Join us to be part of something special



17th Sept 2011 Gloucestershire or  
25th Sept 2011 West Sussex

10 mile sponsored walk in aid of  
Winston's Wish, the charity for  
bereaved children.  
[www.sunrisewalk.co.uk](http://www.sunrisewalk.co.uk)

Registered Charity (England and Wales) 1061359, (Scotland) SC041140

# Brighter futures for bereaved children with every step...

Come together with family, friends or colleagues for the Winston's Wish Sunrise Walk in Gloucestershire or West Sussex. Now in its third year, the walks are the flagship fundraising event for our charity.

There are few sights more evocative of new beginnings, bright futures and optimism for what tomorrow holds, than a beautiful sunrise. Setting off before day break, you might walk to celebrate the memory of someone special, enjoy a unique challenge with friends or set yourself a fitness goal; whatever your reason, you'll be raising vital funds to give bereaved children the support they need to build positive futures.

At the start of the walk there will be a colourful light parade in which participants can remember someone special, make a wish for the future and get excited about the challenge ahead! The poignant procession will then head off into the darkness to begin the wonderful walk.

Both routes are 10 miles and entry is by prior registration only either online at [www.sunrisewalk.co.uk](http://www.sunrisewalk.co.uk) or by completing and returning the attached form. To secure your place you will need to pay an entry fee of £15.00 and pledge to raise a minimum sponsorship of £50.00 for Winston's Wish.

Winston's Wish relies almost entirely on voluntary donations to raise the £1.7 million we need each year. Your sponsorship will help change the lives of bereaved children, so every penny counts!

Each walker will receive a special Winston's Wish Sunrise Walk t-shirt, goodie bag and a well deserved breakfast at the finish.

We look forward to welcoming you to this unique and inspirational event!

[www.sunrisewalk.co.uk](http://www.sunrisewalk.co.uk)

Tel: 01242 515157



## Application Form

Please complete one form per entrant (photocopies are accepted)

### Personal details:

Title

Name

Address   
  
 Postcode

Company/Community Group   
(if appropriate)

Telephone

Mobile   
(make sure this is the number of the phone you will have with you at the event).

Email

Date of birth   
(Entrants must be at least 8 years old on the date of the event, and accompanied by an adult if under 18 years).

### Health

Do you have any medical conditions that might require medical attention during the walk? Y/N

If yes, please give details including any prescribed medication

Next of kin contact (in case of emergencies on the day)

### Entry fee

I enclose my entry fee of £15.00 (cheques made payable to 'Winston's Wish').

Please indicate which event you would like to enter:  
Gloucestershire walk (17/09/2011)  West Sussex walk (25/09/2011)

To pay by card please register via [www.sunrisewalk.co.uk](http://www.sunrisewalk.co.uk) or call 01242 515157

T-shirt size: Small (35/37")  Medium (38/40")  Large (41/43")  Extra Large (44/46")

Where did you hear about the event?

Do you have any special reason for taking part?

Are you happy to be contacted by Winston's Wish for your story of involvement in the walks for media purposes? Y/N